
The Saratoga Town Gym & Weight Room is a family friendly facility. We offer a full sized basketball court, multipurpose room, stage, cycling room and weight room. A volleyball net and various sporting equipment are available for use. The weight room is equipped with two treadmills, two elliptical machines, a smith machine, eleven circuit equipment pieces, squat rack, plates and free weight dumbbells.

MEMBERSHIP OPTIONS

ONE STAR MEMBERSHIP

Membership available to allow members to use the gym unsupervised. Sporting equipment is available for use.

\$50.00 annually single \$30.00 single 6 months
\$35.00 annually seniors (65+) \$20.00 seniors 6 months
+ \$15.00 for each additional family member (13+)
\$10.00 monthly
+ \$2.00 for each additional family member (13+)

TWO STAR MEMBERSHIP

Membership includes gym access including sporting equipment and one of two following options:

- 1) Unsupervised access to weight room facility for members 18 years old and over. Supervised access (with paid member over 18) for members 13 years old or older.
CHILDREN UNDER 13 YEARS OLD ARE NOT ALLOWED IN THE WEIGHT ROOM – NO EXCEPTIONS
- 2) Unlimited access to all fitness classes offered by the Town of Saratoga Recreation Department.

\$250.00 annually single \$150.00 single 6 months
\$200.00 annually senior (65+) \$125.00 senior 6 months
+ \$25.00 for each additional family member (13+)
\$30 monthly
+ \$5.00 each additional family member (13+)

GOLD STAR MEMBERSHIP

Membership includes gym access including sporting equipment, weight room access AND unlimited access to all fitness classes offered by the Town of Saratoga Recreation Department.

\$375.00 annually single \$225.00 single 6 month
\$325.00 annually seniors (65+) \$175.00 seniors 6 months
+ \$50.00 annually for each additional family member (13+)
\$40 monthly
+ \$10.00 each additional family member (13+)

DAILY FEES

\$5.00 ADULT \$3.00 JUNIOR (13-17) \$10.00 FAMILY

HOURS

GYM HOURS

MONDAY THRU WEDNESDAY 5:00AM - 3:00PM

THURSDAY 5:00AM -10:00AM

FRIDAY 5:00AM - 1:00PM

This facility is shared with the Carbon County School District #2. The school uses the gym on Thursdays. Scheduled evening open gym hours are updated monthly, usually on Monday & Wednesday nights from 6:30pm to 8:30pm. Please call the office at 307-326-8338 for details.

WEIGHT ROOM HOURS

MONDAY THUR THURSDAY 5:00AM – 8:00PM

FRIDAY 5:00AM – 1:00PM

Members will be given a code to enter the facility. Each code is specific to each member and can be terminated any time at the discretion of the Town of Saratoga's Recreation Director. Codes may NOT be shared. Shared codes will result in the termination of your membership.

FITNESS CLASSES

MONDAY THRU FRIDAY

The schedule and type of classes offered are instructor based. Our instructors are certified and have many years of experience. Cycling, HIIT workouts, Low impact fitness, and QiGong are a few of the classes that we have to offer. The schedule is posted on a monthly basis. Please call the office at 307-326-8338 for details or scheduling.

GENERAL MEMBERSHIP POLICY

All patrons must respect the property and equipment. To use the facility and/or equipment in the facility all patrons must have a paid membership, paid daily fee or must be participating in designated open gym hours. Water is permitted in activity areas, but no glass containers. Food is not permitted unless authorized for special events. Restrooms and showers are for membership patrons. Loitering is prohibited. Use of tobacco products, alcohol, or smoking products (including vapes) are not to be consumed in facility. Patrons under the influence of drugs or alcohol are not permitted. All weapons and firearms are prohibited. All youth must be accompanied by a parent/guardian unless participating in a Platte Valley Youth Sports program or a school supervised program. Pets, with the exception of service animals, are not permitted. Appropriate attire is required at all times, which includes wearing a shirt or top and clean, non-marking shoes. Use of activity space when unscheduled is first come first serve, however school and recreations programs, including fitness classes have priority. The Recreation Department Director, Town Employees and independent contractor class instructors are not responsible for lost or stolen personal belongs. Disorderly conduct, inappropriate behavior, abuse to the facility, equipment, Town Employees and independent contractor class instructors will result in immediate dismal from the facility and may result in loss of usage privileges. The Recreation Department Director interprets and enforces these policies. Failure to comply with policies will result in temporary or permit loss of member privileges.

WEIGHT ROOM POLICY

All patrons must have a current paid membership and have a signed facility waiver on file to use the equipment. You must be 18 years old and have a signed waiver on file to be in weight room unaccompanied. All members must be 13 or older to be in the weight room, be accompanied by a paid member 18 years or older, and have waiver on file signed by parent or guardian. No one under 13 is allowed in the weight room. Please maintain control of your weights at all times, weights may not be dropped or thrown. After use wipe down equipment and return weights, bars, and benches to the appropriate areas and/or positions.



TOWN OF SARATOGA

GYM & WEIGHT ROOM MEMBER WAIVER

Membership information

MEMBERSHIP OPTION: One Star / Two Star / Gold Star

Applicant Name _____

Date of Birth _____ Phone _____

Address (physical) _____

(mailing) _____

City _____ State _____ Zip _____

email _____

Emergency contact _____

Phone _____ Relationship _____

WAIVER OF LIABILITY FOR GYM & WEIGHT ROOM USE

I UNDERSTAND AND AGREE THAT THIS AGREEMENT WILL APPLY FOR EACH AND EVERY DAY I ENGAGE IN FITNESS ACTIVITIES AND WILL REMAIN IN FULL LEGAL EFFECT UNLESS REVOKED IN WRITING BY ME. I UNDERSTAND THAT IF I REVOKE THIS AGREEMENT, I WILL NOT BE ALLOWED TO PARTICIPATE IN FITNESS ACTIVITIES AT THE RECREATIONAL FACILITIES.

I HAVE CAREFULLY READ THIS AGREEMENT AND FULLY UNDERSTAND ITS CONTENTS. I SIGN IT WITH FULL KNOWLEDGE OF ITS SIGNIFICANCE. I AM OF LAWFUL AGE AND LEGALLY COMPETENT TO SIGN THIS AGREEMENT. IF PARTICIPANT IS LESS THAN EIGHTEEN (18) YEARS OLD, THE PARENT OR LEGAL GUARDIAN HAS ALSO SIGNED THIS AGREEMENT.

DATED this _____ day of _____, 2022.

Printed Name of Participant

Signature of Participant if 18 or older

Printed Name of Parent or
Legal Guardian (if applicable)

Signature of Parent or
Legal Guardian

TOWN OF SARATOGA, WYOMING
RELEASE OF LIABILITY AND WAIVER
PLEASE READ CAREFULLY BEFORE SIGNING

WARNING, ASSUMPTION OF RISK, RELEASE OF LIABILITY AND INDEMNITY
AGREEMENT

In consideration of participating in gym/multipurpose room use, weight room use, swimming, "Fitness Classes" (including, but not limited to gymnastics, dance, water aerobics, cycling, yoga, high intensity interval training, low impact fitness, Qigong, and any other fitness class taught by an instructor), and any other recreational activity ("Fitness Activities"), whether supervised or unsupervised, at the Platte Valley Community Center Recreational Facility ("Community Center") and Town of Saratoga Municipal Pool, Saratoga, Wyoming ("Pool"), facilities together referred to as ("Recreational Facilities"), I acknowledge and agree as follows:

I will abide by all Recreational Facilities policies and procedures regarding Fitness Activities. I certify that I and my children are in good health and that I and my children have no physical limitations that would preclude my or their safe use of the Recreational Facilities or participation in Fitness Activities.

There are inherent risks, both known and unknown, associated with the Fitness Activities and these risks may be increased when the participants are minors. I am aware that these risks may include, but are not limited to:

- Physical injuries;
- Psychological injuries;
- Drowning and death;
- Hazards regarding walking near and around the Recreational Facilities grounds;
- Temperature extremes;
- Inclement weather conditions and unavailability of immediate medical attention in case of injury.

I understand and acknowledge that such risks cannot be eliminated nor does the Town of Saratoga, its agents, employees, volunteers, affiliates, members, trustees, officers, directors, representatives, assignees, insurance carriers, independent contractors, Platte Valley Community Center Joint Powers Board (hereinafter the "Released Parties") have the duty, responsibility, or ability to eliminate, alter or control such risks due to the nature of such activities. I knowingly assume all such risks of injury or death, that may result from my and/or my child's participation in Fitness Activities, and I assume full responsibility for my child's and my own participation. I understand the risks, hazards and dangers of Fitness Activities and have had the opportunity to discuss them with the Released Parties. My participation in this activity is purely voluntary. No one is forcing me to participate and I elect to participate in spite of the inherent risks. I am voluntarily using the services of the Released Parties and hereby assume and accept any and all risks of injury, paralysis, or death.

I understand and acknowledge that the Fitness Class instructors are independent contractors and are not Town of Saratoga employees, and neither the Town of Saratoga nor the Platte Valley Community Center Joint Powers Board are responsible for the Fitness Class instructors' actions or inactions.

For myself, my child participating in Fitness Activities, and my heirs, attorneys, representatives, successors, beneficiaries and all others in privity with them, I hereby **RELEASE** the Released Parties and

their attorneys, agents, representatives, insurers, heirs, successors beneficiaries and all others in privity with them, individually and collectively, from any and liability for all damages, arising out of or connected with my or my child's participation in Fitness Activities. This release includes and is intended to release all claims, demands, and causes of action for bodily injury, property damage, personal injury, legal injury or other legal or equitable relief, **INCLUDING WITHOUT LIMITATION ANY AND ALL CLAIMS THAT MAY BE BASED IN WHOLE OR IN PART ON THE ALLEGED OR ACTUAL FAULT OR NEGLIGENCE OF RELEASED PARTIES, THEIR ATTORNEYS, AGENTS, REPRESENTATIVES, INSURERS, HEIRS, SUCCESSORS OR BENEFICIARIES.**

For myself, my child participating in Fitness Activities, and my heirs, attorneys, representatives, successors, beneficiaries and all others in privity with them, I hereby **AGREE TO INDEMNIFY, DEFEND AND HOLD HARMLESS** the Released Parties and their attorneys, agents, representatives, insurers, heirs, successors, beneficiaries and all others in privity with them, individually and collectively, from any and all claims, demands, damages, costs, attorney's fees or expenses due to any bodily injury, property damage, personal injury, legal injury, or other legal or equitable relief that may arise from or are connected with my or my child's participation in Fitness Activities. **THIS AGREEMENT TO INDEMNIFY, DEFEND AND HOLD HARMLESS INCLUDES WITHOUT LIMITATION ANY AND ALL CLAIMS THAT MAY BE BASED IN WHOLE OR IN PART ON THE ALLEGED OR ACTUAL FAULT OR NEGLIGENCE OF RELEASED PARTIES, THEIR ATTORNEYS, AGENTS, REPRESENTATIVES, INSURERS, HEIRS, SUCCESSORS OR BENEFICIARIES.**

This Release of Liability and Waiver is contractual in nature and shall be governed by the law of the State of Wyoming and is intended to be as broad and inclusive as is permitted by Wyoming law, including the Wyoming Recreation Safety Act, W.S. §§ 1-1-121 et seq.

In any event any portion of this Release of Liability and Waiver is determined to be invalid, illegal, or unenforceable, the validity, legality and enforceability of the balance of this Release of Liability and Waiver shall not be affected or impaired in any way and shall continue in full legal force and effect.

The Town of Saratoga does not waive sovereign immunity by entering into this agreement and specifically retains all immunities and defenses available to it as a sovereign pursuant to W.S. § 1-39-104(a) and all other state law. Designations of venue, choice of law, enforcement actions and similar provisions should not be construed as a waiver of sovereign immunity.

This Release of Liability and Waiver shall be binding upon my assignees, subrogors, distributors, heirs, next of kin, executors and personal representatives.